

Dementia Wellington



Coming up in October and November...

COURSES AND SEMINARS

DEMENTIA ESSENTIALS - LATE STAGE

For people supporting a person with dementia in a care facility

Kapiti, 6 & 13 November

NAVIGATING DEMENTIA

A ninety-minute introductory session for anyone with questions about dementia

Kapiti, 7 November

Hutt Valley, 29 November

To find out more information or to register for any of our courses, contact us on (04)

972 2595 or email

admin@dementiawellington.org.nz

Please bring a koha/ donation to help us cover course costs

COG CAFES

Casual monthly meet-ups for people with dementia and their supporters
Mondays 10am to 11am

Kapiti – 2nd & 4th Monday of the month (Lindale café, Paraparumu)

Wellington – 3rd Monday of the month (Picnic café, Botanic gardens)

Porirua – 4th Monday of the month (Mitre 10 Mega café)

Petone – last Monday of the month (Mitre 10 Mega café)

SUPPORT MEETINGS

Monthly groups for anyone supporting a person with dementia

Kapiti – 2nd Thursday of the month (1:30pm, call office to confirm venue)

Wellington – 2nd Monday of the month (10am, Sport Wellington, Thorndon)

Porirua – 2nd Wednesday of the month (10.30am, Kemp Hall, Porirua)

Petone – 3rd Thursday of the month (1pm, Petone Community House)

Please note that courses, dates, and locations are subject to change.