

Dementia Wellington - What's coming up in July, August, September 2021

Cog Cafes									
Region	Venue	Day of Month	Time	July		August		September	
Lower Hutt	Mitre 10 Petone	1 st Tuesday	10am-11am	6		3		7	
Upper Hutt	Equinox Cafe, Brendan Foot Supersite	2 nd Tuesday	10am-11am	13		10		14	
Central Wellington	Picnic Cafe in the Botanical Gardens	3 rd Tuesday	10am-11am	20		17		21	
North Wellington	Common Ground Cafe, Waitohi Hub, Johnsonville.	1 st Wednesday	10am-11am	7		4		1	
Porirua	Little Goat Café, Te Rauparaha Arena,	4 th Wednesday	10am-11am	28		25		22	
Kapiti	Anzil Cafe, 111 Main Road, Paraparaumu, Lindale	2 nd & 4 th Wednesday	10am-11am	14	28	8	25	8	22

Supporter Group Meetings							
Region	Venue	Day of Month	Time	July	August	September	
Lower Hutt	Petone Community House	3 rd Wednesday	1pm-2.30pm	21	18	15	
Upper Hutt	Summerset on the Course, Trentham	4 th Thursday	2pm-3:30pm	22	26	23	
Central Wellington	Lyll Bay Salvation Army Community Centre, Onepu Road	1st Tuesday	10am-11.30am	6	3	7	
North Wellington	Johnsonville Community Centre	3 rd Friday	10am-11.30am	16	20	17	
Porirua	Kemp Hall (rear of Kemp Home and Hospital) Kura Street, Titahi Bay	1 st Wednesday	10.30am-12pm	7	4	1	
Porirua Pacific	Contact Debbie 020 4176 6629 for venue details	2 nd Thursday	10am-11.30		12	16	
Kapiti	Waikanae	Parklands Social Centre, Woodlands, Belvedere Avenue, Waikanae	Alternate 2 nd Thursday	1.30pm-3pm	8		9
	Paraparaumu	Old Mill Function Centre, 1 Kapiti Road, Paraparaumu (entrance and car park off Hinemoa Street)	Alternate 2 nd Thursday	1.30pm-3pm		12	

Dementia Advisor Clinics

Region and venue	Day of week & frequency	Time	July					August					September				
			Week 1	Week 2	Week 3	Week 4	Week 5	Week 1	Week 2	Week 3	Week 4	Week 5	Week 1	Week 2	Week 3	Week 4	Week 5
Lower Hutt Petone Community House Britannia Road	Tuesdays weekly	12pm-3:30pm	6	13	20	27		3	10	17	24	31	7	14	21	28	
Upper Hutt Orongomai Marae	Last Wednesday monthly	9:30am-11:30am				28					25					29	
Central Wellington Karori Community Centre	1 st and 3 rd Tuesday	12pm-2pm	6		20			3		17			7		21		
North Wellington Room 2, Johnsonville Community Centre	Fridays weekly	9.30am-12.30pm	2	9	16	23	30	6	13	20	27		3	10	17	24	
Porirua Venue varies - details via Debbie 020 4176 6629	1 st and 4 th Wednesday	12.30pm-2.30pm						4			25		1			22	
Kapiti Dementia Wellington Office Office A Level 1 9 Mahara Place	Tuesdays weekly	9.30am-12.30pm	6	13	20	27		3	10	17	24	31	7	14	21	28	